



## MOVEMENT & FLOW ARTS DAY EXPERIENCE [EDUPLAY TRIP] School To Movement Arts Venue

### UNIQUE EXPERIENCE & LEARNING OBJECTIVES:

Students will immerse themselves in seven distinct movement arts disciplines, developing physical coordination, balance, rhythm, and creative expression. This comprehensive program introduces students to flow arts, street dance culture, and balance training through hands-on workshops led by world-class instructors. Each activity promotes confidence building, body awareness, and artistic expression while encouraging students to explore movement as a form of personal creativity and cultural appreciation.

### WORKSHOP STRUCTURE:

1. Batch Organization: 100 students divided into 4 batches of 25 students each (Batch A, B, C & D)
2. Session Format: 40-minute intensive workshops with hands-on instruction and practice
3. Learning Approach: Progressive skill building with immediate application and encouragement
4. Workshops will take place simultaneously, conducted by different facilitators
5. Children will be exposed to each prop and art form in rotation through the course of the day

## PROGRAM DETAILS:

Time	Program Details	Grade 6-10	Grade 1-5
09:00AM	Departure from School to Movement Arts Venue		
10:00AM	Arrival at Movement Arts Venue (Bangalore Creative Circus - Yeshwantpur/ Namma Ashram - Whitefield)		
10:30AM	Welcome & Safety Briefing Introduction to Movement & Flow Arts Philosophy		
10:30AM – 11:10AM	40 minutes per batch rotation 10 mins break	FIRST HALF SESSION 1- <ul style="list-style-type: none"> <li>• Slackline- Batch A</li> <li>• Poi - Batch B</li> <li>• Silk Fans- Batch C</li> <li>• B-boying- Batch D</li> </ul>	FIRST HALF SESSION 1 – <ul style="list-style-type: none"> <li>• Dapo - Batch A</li> <li>• Hula Hoops - Batch B</li> <li>• Capoeira - Batch C</li> <li>• Balance Board- Batch D</li> </ul>
10:30AM – 11:10AM	40 minutes per batch rotation 10 mins break	FIRST HALF SESSION 2- <ul style="list-style-type: none"> <li>• Slackline- Batch B</li> <li>• Poi - Batch C</li> <li>• Silk Fans- Batch D</li> <li>• B-boying- Batch A</li> </ul>	FIRST HALF SESSION 1 – <ul style="list-style-type: none"> <li>• Dapo - Batch B</li> <li>• Hula Hoops - Batch C</li> <li>• Capoeira - Batch D</li> <li>• Balance Board- Batch A</li> </ul>
10:30AM – 11:10AM	40 minutes per batch rotation 10 mins break	FIRST HALF SESSION 3- <ul style="list-style-type: none"> <li>• Slackline- Batch C</li> <li>• Poi - Batch D</li> <li>• Silk Fans- Batch A</li> <li>• B-boying- Batch B</li> </ul>	FIRST HALF SESSION 3 – <ul style="list-style-type: none"> <li>• Dapo - Batch C</li> <li>• Hula Hoops - Batch D</li> <li>• Capoeira - Batch A</li> <li>• Balance Board- Batch B</li> </ul>

## PROGRAM DETAILS:

01:00PM – 01:40PM	40 minutes per batch rotation	FIRST HALF SESSION 4- <ul style="list-style-type: none"> <li>• Slackline- Batch D</li> <li>• Poi - Batch A</li> <li>• Silk Fans- Batch B</li> <li>• B-boying- Batch C</li> </ul>	FIRST HALF SESSION 4- <ul style="list-style-type: none"> <li>• Slackline- Batch D</li> <li>• Poi - Batch A</li> <li>• Silk Fans- Batch B</li> <li>• B-boying- Batch C</li> </ul>
01:40PM – 02:40PM	LUNCH BREAK Students enjoy meal and share experiences		
02:40PM – 04:10PM	SECOND HALF SESSION Play and engagement activities among children 90 minute session		
04:10PM	Movement Arts Showcase Students demonstrate skills learned throughout the day		
04:30PM	5-8 minute performance by artists followed by Certificate Presentation & Farewell		
05:00PM	Return Journey to School		
06:00PM	Arrive at the school		



## TOUR INCLUSION:

- Luxury Coach (non AC)
- World-Class Instructors - Expert movement artists for each discipline
- Complete Equipment Provision - All props, mats, and safety equipment provided
- Learning Assistance - Dedicated support staff for individual guidance
- Progressive Skill Development - Structured learning curve at each station. 40 minutes on each station per batch
- Safety Equipment - Protective gear and supervised practice areas
- Movement Arts Certificate - Personalized completion certificate for each student
- Surprise swag
- Professional Photography - Capture students' achievements and progress
- An outdoorsy location within city limits
- Lunch provision on the venue
- Services of EduFun Trips Tour Manager - Complete logistics coordination
- All Venue Entry Fees - Access to specialized movement arts facility

